## FREE PD HOURS





www.NexusCoalition.org

(Certificate awarded upon completion when requested)

## **CLASS SELECTIONS**

*include but not limited to* 

- 5 RESILIENCY SKILLS BELIEF, TRUST, ADAPTABILITY, PERSISTENCE, STRENGTH
- THE RISE OF FENTANYL
- GROWING YOUR RESILIENCY & SELF CARE
- KIDS AND EMOTIONS
- ADVERSITY AND TOXIC STRESS
- VAPING 101
- STIGMA
- SNAPCHAT
- NALOXONE
- WHAT HAPPENED TO YOU? BOOK STUDY

## TO SET UP A CLASS CONTACT:

DESTINEY HALL- (928)243-4996 DESTINEY@NEXUSCOALITION.ORG (Snowflake/Taylor, Navajo County)

VALKYRIE CHARTIER- (928)386-5309 VALKYRIE@NEXUSCOALITION.ORG (Snowflake/Taylor, Navajo County)

BRITNEY QUINTANILLA- (928)940-2229 BRITNEY@NEXUSCOALITION.ORG JULEE SHERWOOD- PROGRAM MANAGER (Show low/ Pinetop-Lakeside)

INSPIRED BY THE TEACHINGS OF:

> Dr. Bruce Perry Becky Bailey Stacey Gagnon Lori Deutsch



VICKY SOLOMON- NEXUS COALITION EXECUTIVE DIRECTOR