

**“ NEVER  
STOP LEARNING  
BECAUSE LIFE  
NEVER STOPS  
TEACHING ”**

-Kirill Korshikov

# FREE PARENT TRAININGS

BOOK A WORKSHOP WITH  
**NEXUS COALITION**  
TODAY!

We work around your schedule!  
Classes available via ZOOM

## CLASSES AVAILABLE

### **Building Resiliency & Self Care**

Learn how to increase resiliency and self care in your life so you are more equipped to handle the road bumps of life.

### **Fentanyl Facts & Trauma**

Learn the facts about Fentanyl, how you can keep yourself and loved ones protected and how trauma ties in to the epidemic.

### **Kids & Emotions**

Learn about brain development, what behaviors mean, connection & correction, & increasing your influence.

### **Keep Them Safe**

For YOUTH & CAREGIVERS  
Learn about current drug trends, how to deal with stress, starting conversations with your youth & more!

### **5 Resiliency Skills**

Can choose a single class, or do every class individually, or do all classes in one day, you pick! Covers Belief, Trust, Adaptability, Persistence, & Strength

### **TO SCHEDULE CONTACT:**

Destiney Hall  
Destiney@NexusCoalition.org  
928-243-4996

**NEXUS**  
COALITION

[www.NexusCoalition.org](http://www.NexusCoalition.org)

We will present for any group,  
organization, business etc.  
You provide the people,  
we do the rest!