

Substance Abuse MAPP Subcommittee Meeting Minutes Drug Free Coalition Agenda Tue, April 13, 2021 11:00 am -12:00 pm via ZOOM:

https://us02web.zoom.us/j/89326014924?pwd=SDR4NVVOcDBZYzI0V1NFdWdJQWVEZz09

Nexus Drug Prevention MISSION: Community collaboration striving to build a healthy, substance free environment for youth

Drug Free Communities Primary Purposes: 1. Strengthen Collaboration Among Community Entities & 2. Reduce Substance Use Among Youth

- 1. THANK YOU for attending!
- 2. WELCOME All to the (DFC) Drug Free Coalition- Quick introductions of attendees and what agency you are from.

Vicky Solomon (Nexus), Julee Sherwood (Nexus), Angimar Rodriquez, Brenda Willis (Nexus), Jeremy Simko (CBI), Linda Teague (NCPHSD), Ralph Engler (Nami), Stefanie Carroll (Nexus), Sydney Fox (CDC/OD Response), Tony NCPHSD, Amber Oldham (Nexus), Lucy Hamblin (Nexus), Amy Stradling (NCPHSD), Ciera Hensley(NCPHSD), Codie Sanders (NC Sr. Medical Investigator), Elaina Brown (Teen Health Program NCPHSD), Heather Lucas (Teen Health Program Coordinator NCPHSD), Chief Shelly (SLPD), Natalia Chimbo-Andrade (CBI), Shelly Ehmann (Private Practice), Amanda Popsi (National Guard) (22 on call)

3. Brenda Willis – Updates on Pinetop-Lakeside, Show Low area Prevention Work –

April 24th, 11:00 am - 1:00 pm, National RX Drug Takeback. Locations Heber Fire Station, Show Low Main building Summit Hospital, Taylor @ Walmart. With Snowflake Police Dept.

April 25th, 1:00 pm, Naloxone/Narcan training at Sal & Teresa's, open to the public. Narcan/Naloxone trainings throughout the community.

4. Stefanie Carroll /Sylvia Turley- Updates on Taylor/Snowflake area Prevention Work

Teaching Botvin Life Skills curriculum at Taylor Intermediate and Snowflake Intermediate schools, all of 4-6 grade classes. Narcan/Naloxone Training in Snowflake/Taylor community.

Education distribution in Snowflake/Taylor community.

- 5. Vicky Solomon -
 - Collaborated with SACLAZ (Substance Abuse Coalitions Leaders of Arizona) with Matforce, have put together a fentanyl/drug prevention toolbox. Some information provided in Spanish. Created Radio ads, billboards, videos, postcards, door hangers, flyers, power point presentations, public service announcements, social media posts. Fentanyl fact sheet geared towards different groups such as family, school, behavioral health, medical, etc.

WE WILL PUT access to SACLAZ FENTANYL ON THE RISE TOOLBOX ON OUR WEBSITE WHEN APPROVED: NCDP.rocks

We had awesome Trauma Lens Care (TLC) training by Stacey Gagnon in March. traumalenscare.org Stacey Gagnon came to Navajo County March 23, 24, 25 for Expert Trauma Training. 132 local leaders/staff were trained with 9 sessions during those three days. Nexus staff has been trained in Trauma Lens Care and will provide Trauma training upon requests.

- 6. Guest Speaker: Natalia Chimbo-Andrade from CBI Stressors and Resilience Skills Presentation
- 7. Codie Sanders Navajo County Medical Examiner updates: We currently now have 3rd investigators, Codie Sanders, Nikki Olson, Jennie Hancock We have seen 49 cases since January 2021. 7 were Overdose related, NO fentanyl overdoses. 2 methamphetamines, the rest were mixed, 4 suicides. Seeing an increase of alcohol related.
- 8. ANNOUNCEMENTS or UPDATES attached to minutes.

Ralph – NAMI White Mountains – NAMI has decided to have in person Chapter meetings from now on. Tonight, April 13, 2021, 6:00 pm, Family Support Meeting at United Methodist Church. Next Chapter meeting next Tuesday, 4-20-21, will be Zoom.

9. Nexus has FREE NALOXONE/NARCAN - 82% of overdoses happen in the HOME

"When You Are Ready" Brochures and Resource Guides

- 10. If you have ANYTHING to ADD to me reporting CHIP Stakeholders, PLEASE SEND TO ME. Do you have anything to REPORT to the Drug Free Coalition (Look at 4 strategies below)? What are the prevention efforts your organization is providing for communities?
- 11. Thank you for everything you do for our community! Your support is greatly appreciated!

Strategies:

- 1. Reduce Illicit acquisitions and diversion of prescription drugs
- 2. Promote responsible prescribing and dispensing policies and practices
- 3. Increase public awareness and patient education about RX drug misuse and abuse/Law enforcement
- Enhance assessment and referral to substance abuse treatment

THANK YOU FOR YOUR TIME IN ATTENDING! Next Meeting May 11th, 11am Zoom invite will be sent

Dates for Drug Free Coalition Meeting – 2nd TUES of EACH MONTH excluding June/July (No meetings)

Nexus Coalition for Drug Prevention Information:

- Naloxone has been approved by the Surgeon General. Nexus staff is trained and does trainings for Naloxone We have FREE Naloxone to distribute 82% of overdoses happen in your homes. IF YOU HAVE CHILDREN IN HOME & PAIN MED, YOU NEED NALOXONE IN YOUR EMERGENCY KIT. 3 MIN VIDEO- WHAT IS NALOXONE? https://youtu.be/RcAaZQQqd50
- Visit our Facebook page: https://www.facebook.com/ncdpncdp/
- Looking for Board Members, please contact <u>vsncdp@gmail.com</u>
- For any Amazon orders you can use this option to help donate to NCDP: **smile.amazon.com** and put "Friends of Navajo County" as the recipient (NO extra cost to you!!)
- DUMP YOUR DRUGS Local Police Departments open 24/7/365