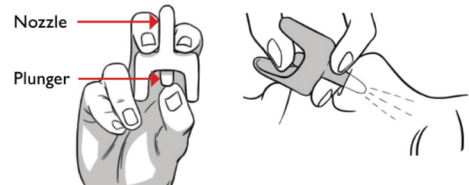


How to Use Naloxone

1. Remove nasal spray from box.
2. Open the packaging.
3. Hold the nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.
4. Insert the tip of the nozzle in either nostril.
5. Press the plunger firmly to give the dose.
6. If no reaction in 2-3 minutes or person stops breathing again, give second dose in OTHER nostril using a new device.



Nexus Coalition for Drug Prevention
A Drug-Free Community Coalition
www.ncdp.rock



Stay with the person. Naloxone loses its effect in 30-60 minutes and the symptoms may return.

The combination of you and naloxone can help save lives in our community.

How to Respond to an Overdose

What does an overdose look like?

Loss of consciousness
Shallow/ no breathing or
gurgling sound
Pale/ blue cold skin
Small or pinpoint pupils
NO response to stimulation

(source: CDC.gov)

What if someone is experiencing an overdose?

1. Call 9-1-1 immediately
2. Ask LOUDLY, "Are you ok?"
3. Perform a sternum rub
4. Check for signs of breathing
5. Administer naloxone
6. Perform CPR until professional help arrives

Always Call 9-1-1 after administering naloxone

Individuals who have overdosed are being left to die because those around them are afraid to call for help.

The Good Samaritan law provides immunity from arrest when a person calls 9-1-1 for assistance with an overdose.

For more information visit **NaloxoneAZ.com**

#SaveaLife

Arizona has a Good Samaritan law that provides immunity from arrest when a person calls 9-1-1 for assistance with an overdose.

If you believe someone is experiencing an overdose call 9-1-1 immediately.



Substance Abuse
Coalition Leaders
of Arizona

This publication was made possible by grant number H79T1083320 from SAMHSA. The views, opinions and content of this publication are those of the author and do not necessarily reflect the views, opinions, or policies of SAMHSA or HHS.