

There's a new methamphetamine hitting our communities



**Substance Abuse
Coalition Leaders
of Arizona**

METH 2.0 | The New Meth



**What is
meth?**



**How big is
the problem?**



**What can you
do?**



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Methamphetamine is

A powerful, highly addictive stimulant that affects the central nervous system.

Is it the same as amphetamines?

No, but it is chemically similar to amphetamine, a prescription stimulant that increases specific types of brain activity.

Common Street Names

Blue
Crystal
Ice
Meth
Speed

Emojis

Drug dealers often use emojis to depict meth for sale.

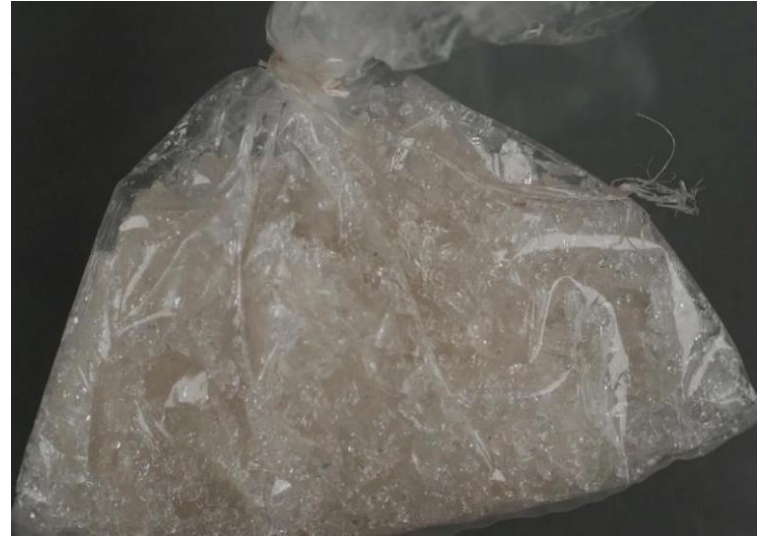


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What Meth Looks Like



Crystal Meth



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How Meth is Used



■
Snorted



■
Smoked



■
Injected



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How big is the problem?



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Meth 2.0 | The New Meth

**More
pure**

**More
available**

**More
dangerous**

**More
deadly**



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The New Meth = Increased Deaths

HEALTH NEWS JAN. 20, 2021 / 11:02 AM

U.S. sees 5-fold increase in methamphetamine overdose deaths

By Brian P. Dunleavy



"These findings are another indication that the overdose crisis in this country continues to evolve, and our public health response must adjust to meet this challenge."

Nora D. Volkow, M.D.,
Director of the National Institute on Drug Abuse,
National Institutes of Health



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The New Meth = More Available



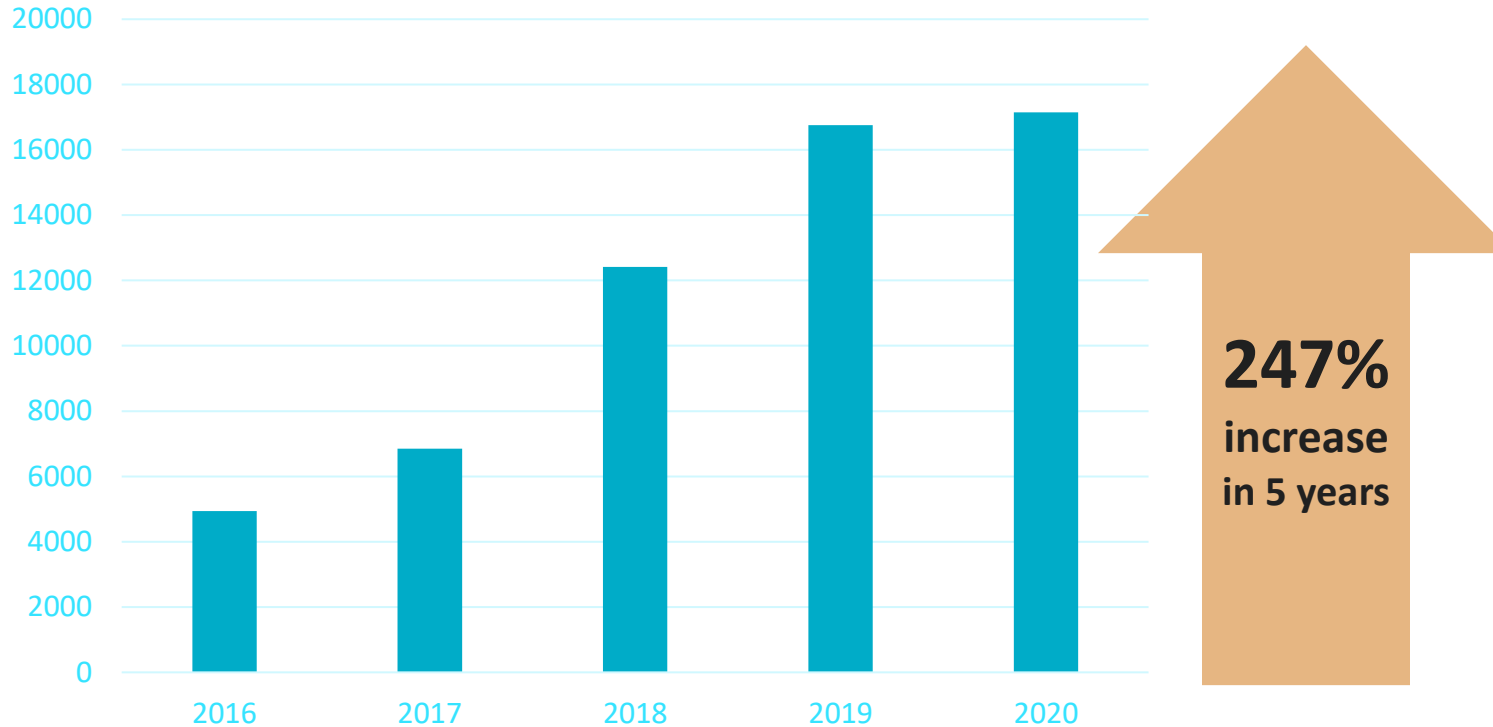
Photos: DEA



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Federal authorities said the methamphetamine seen here, discovered Thursday night in a trailer that crossed through the Otay Mesa port, weighed more than 5,525 pounds and accounts for the largest bust of the drug in U.S. history. Authorities also found 127 pounds of fentanyl in the trailer, shown in the lower right corner. (Courtesy of the Office of the U.S. Attorney for the Southern District of California)

#2 Drug Threat in Arizona



(U/LES) Methamphetamine Seizures in Kilograms Arizona FY 2016- FY 2020

Source: EPIC NSS, as of August 17, 2021



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The New Meth = More Potent

97%



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The New Meth = Cheaper Prices

2015 - \$350 per ounce



2019 - \$140 per ounce

Photo credit: © Can Stock Photo / Tribalium



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Troubling Trend



New ways people
are now using
meth

Photo credit: © Can Stock Photo / photopips



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Meth Laced with Fentanyl



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Health Consequences of Using Meth

Long term effects include:

- Damage to the heart and brain
- Anxiety
- Confusion
- Insomnia
- Mood disturbances
- Violent behavior
- Severe Dental Problems
- Weight Loss

Short-term effects include:

- Increased wakefulness and physical activity
- Decreased appetite
- Faster breathing
- Rapid and/or irregular heartbeat
- Increased blood pressure and body temperature
- Skin sores from intense itching
- Memory Problems
- Paranoia



What You Can Do



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Prevention

Healthy choices

No drug use

Screening & Intervention

Identify those
in need

Take action

Find Help

Treatment
works

Recovery is
possible



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Early Action Helps Later in Life

Prevent early use of alcohol, tobacco and marijuana

- Talk with children early and often
 - Healthy choices
 - Dangers of underage drinking, tobacco and marijuana use
- Healthy Rules and Consequences (Curfew, Screen Time, Online)
- Screen and treat for depression, anxiety and other mental health conditions
- Promote School Success
- Goodness Grows



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Intervention and Treatment

Addiction (Substance Use Disorder) is a disease, and like other diseases, it can be treated.

Myths

- She can stop if she really wants to
- People need to hit “rock bottom”
- Treatment won’t work
- Meth addiction is hopeless and untreatable

Realities

- People need help with addiction
- Acting sooner is better
- Treatment can help – it works for many
- Meth addiction is challenging and treatable

Research shows there are several approaches showing positive results in treating stimulant use disorders.



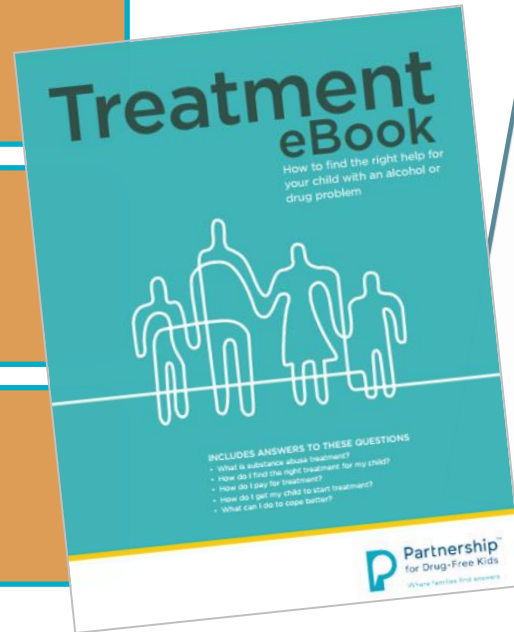
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Seek treatment options

Ask questions

Support recovery

Self-care



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Questions?

Contact information



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