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Friends of Navajo County Anti-Drug Coalition, Inc.

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(EIN 26-0468100) Non-Profit 501(c)(3)

## Drug Free Coalition Meeting Minutes

**Tue, December, 13<sup>TH</sup>, 11:00 am -12:00 pm via ZOOM:**

<https://us02web.zoom.us/j/87264913537?pwd=aWhKMEFmOERvTWNLLeE5vYW0rREFwZ09>

**Nexus Coalition Primary Purposes: 1. Strengthen Collaboration Among Community Entities & 2. Reduce Substance Use Among Youth**

1. **Cheyenne Layton, Program Coordinator Facilitating: THANK YOU for attending!** (DFC) Drug Free Coalition
2. **WELCOME Everyone!**
3. Quick introductions of attendees and what agency you are from. We will go back around later for your announcements and updates.  
Cheyenne Romney Layton Nexus Coalition, Stacey Heath Nexus Coalition, Becky Belnap Nexus Coalition, Destiney Hall Nexus Coalition, Justin Harris Care First AZ, Ralph NAMI White Mountains,[Vincent Deputy Sheriff's Office] Alysia CASA Coordinator, Kristen-Northern AZ Resource Liaison, Natalie guidance counselor for Snowflake High School
4. **Announcements and Nexus Updates:**
  - **Cheyenne Layton**—Teaching Life Skills classes at NAA 8th grade, Botvin @ George Washington Academy
  - **Destiney Hall** – Completed Keep a Clear Mind for 135 4th graders, Adversity and Toxic Stress Class this Thursday @ 7pm via zoom.
  - **Stacey Heath**- Botvin 7-8th grade BRJH, School wide presentation in collaboration with recovery works at SLHS current drug trends, MPOWRD program starting, teen court.
  - **Becky Belnap**- McNary 7th & 8th grade, Naloxone trainings in White River including White River School District, Grief Group started at BRJH
  - **Vicky Solomon/Executive Director** - Update on grant funding & current drug trends, etc.

We have **Naloxone**, Trauma, Fentanyl-Meth Training upon Requests! Do you know what Kloxxado is?

**PLEASE KNOW AND PASS ALONG Naloxone CAN BE GIVEN TO ANYONE AT ANY AGE AND IT WILL NOT HURT THEM!!**

Nexus continues to work with SACLAZ -Substance Abuse Coalition Leaders of AZ

RESOURCES:

[www.ncdp.rocks](http://www.ncdp.rocks)

<https://ncdp.rocks/resources/talknowaz-videos-parent-testimonies/>

<https://talknowaz.com/>

<https://saclaz.org/>

<https://naloxoneaz.com/>

<https://thenewmeth.com/>

**Guest Speaker: Alysia Heward—CASA of Navajo County ---See attached flier**

- Funded by unclaimed lottery winnings. Established in 15 counties of AZ.
- A CASA volunteer is an everyday citizen who has a desire to help youth in distressing situations to no fault of their own. Volunteers are the eyes and ears for the judge, take no sides, just want what is best for the child.
- FCRB foster care review board- another option to help with a lesser time commitment.

- Children with CASA volunteer is more likely to find permanent placements, spend less time in foster care, and have higher educational outcomes than children without a CASA volunteer,
  - CASA asks: If you can be a foster parent, or become a CASA volunteer, or serve on the Foster Care Review Board,
5. Go around the room for any ANNOUNCEMENTS or UPDATES for your organization
- Ralph: Behavioral Health RoadShow Friday 10AM-1PM event at the REcenter.  
Help Request from Nexus on NAMI phone call from Nov 29.
  - Justin Harris: Would like to join events happening in Navajo County to set up Welcome Rooms  
Desires to help would be restoration of rights for individuals coming out of incarceration or other situations, trying to bring solutions for housing,
  - Vincent: would anyone be available to attend the Heber Overgaard Meeting and possibly start MPOWRD in Heber.
  - Vicky: Nexus is currently trying to do an assembly style presentation in all 15 Jr. and High Schools in Navajo County.

**\*WE HAVE FREE NALOXONE & Training - 82% of overdoses happen in the HOME**

Thank you for everything you do for our community! Your support is greatly appreciated!

**THANK YOU FOR YOUR TIME IN ATTENDING! Next Jan 10<sup>th</sup> 2023-- 11am-12pm same Zoom link**

**Dates for Drug Free Coalition Meeting – 2<sup>nd</sup> TUESDAY of EACH MONTH excluding June/July (No meetings)**

Naloxone has been approved by the Surgeon General. Nexus staff is trained and does trainings for Naloxone

IF YOU HAVE CHILDREN IN HOME & PAIN MED, YOU NEED NALOXONE IN YOUR EMERGENCY KIT. 3 MIN

VIDEO- WHAT IS NALOXONE? <https://youtu.be/RcAaZQQd50>

Visit our Facebook page: <https://www.facebook.com/ncdpncdp/>

Looking for Board Members, please contact [vsncdp@gmail.com](mailto:vsncdp@gmail.com)

For any Amazon orders you can use this option to help donate to NCDP: [smile.amazon.com](https://www.amazon.com) and put "Friends of Navajo County" as the recipient (NO extra cost to you!!)

**DUMP YOUR DRUGS - Local Police Departments open 24/7/365**

**Always accept DONATIONS** toward Youth Drug Prevention Efforts [www.ncdp.rocks/donation](http://www.ncdp.rocks/donation)